

HOPE WORKS!

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FEBRUARY IS TEEN DATING VIOLENCE AWARENESS MONTH



DID YOU KNOW?

Last year, Steps to HOPE provided:

22

Women's Domestic Violence Intervention Program Classes

31

Men's Domestic Violence Intervention Program Classes

70

Children with Holiday Gifts through the Adopt-A-Family Program

166

Counseling Sessions

206

Clients Served

221

Referrals to Other Local Services

1,131

Emergency Hotline Calls

2,430

Shelter Nights for 31 Adults and 45 Children

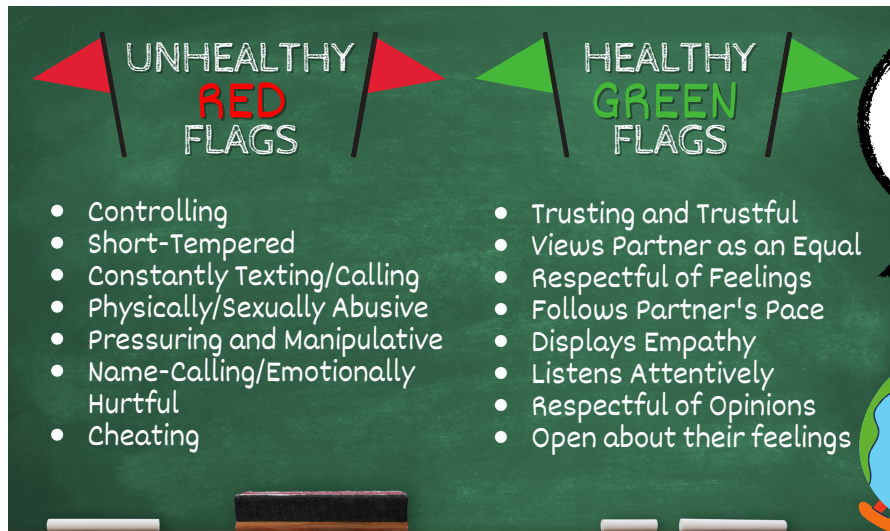
5,230

Total Services

8,125

Total Volunteer Hours

TEACHING LOVE IS RESPECT



- Controlling
- Short-Tempered
- Constantly Texting/Calling
- Physically/Sexually Abusive
- Pressuring and Manipulative
- Name-Calling/Emotionally Hurtful
- Cheating

- Trusting and Trustful
- Views Partner as an Equal
- Respectful of Feelings
- Follows Partner's Pace
- Displays Empathy
- Listens Attentively
- Respectful of Opinions
- Open about their feelings



A red flag is a warning sign that a relationship may be unhealthy. Green flags are positive indicators that a connection has the potential to flourish into a safe, healthy, relationship.

In young adults (under 18), dating violence is more common than many think. 1 in 3 U.S. teens will experience physical, sexual, or emotional abuse from someone they are "seeing". Many have witnessed, or grown up with, domestic violence in their homes and are unknowingly repeating the cycle.

Steps to HOPE continues to raise awareness of teen dating violence by creating and installing bulletin boards at Polk County Middle School, Polk County High School, Lake Lure Classical Academy, Landrum Middle School, and Landrum High School. These informational bulletin boards, which change each month, feature healthy relationships and anti-bullying messages in an age-appropriate, trendy design relevant to today's youths.

"We are reaching out to our youth in creative, appealing ways to spark conversations regarding these subjects,"



STH employees wear orange for Teen Dating Violence Awareness Month. Pictured left to right - front row: Becky Collins, Connie Orr, Jessica Cashwell; back row: Cindy Wicklund, Diane Nelson, Joanie Newman, Sandra Halford

STH's Program Coordinator, Cindy Wicklund stated.

Supplies for these bulletin boards are continually increasing. If you would like to contribute to this growing program, please call 828-894-2340.

WAYS TO HELP



VOLUNTEER with us!

Call 828-894-2340.



Spread our MISSION!

Tell others about Steps to HOPE.



DONATE today!

Visit stepstofope.org



FREE PROGRAMS AT STH

EMPOWER MARTIAL ARTS

FOR AGES 6-16!
WEDNESDAYS AT 3:30PM & 4:30PM

WOMEN'S Empower HER SELF-DEFENSE CLASS

WEDNESDAYS AT 5:30PM

WOMEN'S SUPPORT GROUP

"During a difficult time, knowing you are not alone is important..."

TUESDAYS AT 6:00PM

For more information about our services and programs, scan the QR code below:



Pictured left to right: Steps to HOPE's Jessica Cashwell, Sandra Halford, Diane Nelson, Cindy Thacker, Steps to HOPE Thrift Barn's Cindy Crawley & Nakia Morgan, and Steps to HOPE's Joanie Newman.

GROWING LEADERS

Steps to HOPE staff along with Second Chance Thrift Store and Steps to HOPE Thrift Barn employees attended Leadership Training with the well-known Jorgenson Learning Center. Members learned valuable skills to ensure effective communication, improve organization morale, and promote strategic growth. Jorgenson Learning Center has been working with organizations for over 30 years to help further their mission.



UPCOMING COMMUNITY EVENTS!



RUMMAGE FOR A REASON

Steps to HOPE will soon host another Rummage for a Reason, giving new baby clothing, diapers, blankets, and other items to new and expectant parents free of charge. If you would like more information on when and how you may be involved in this event, please call 828-894-2340.



THE CLOTHESLINE PROJECT

Known nationwide as "The Clothesline Project", Steps to HOPE's service area cities will soon feature shirts decorated by sexual assault survivors and supporters of sexual assault advocates. If you would like more information, please call 828-894-2340.

JOIN OUR NEWSLETTER
CALL 828-894-2340

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stepstohope.org

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