

# HOPE Works!

VOLUME 21, ISSUE 2

A publication of Steps to HOPE

Fall 2018

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## SPONSOR A SHELTER NIGHT FOR FAMILIES IN URGENT NEED OF SAFETY

2019

Source: Yettex42.com

January							February							March						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5					1	2						1	2		
6	7	8	9	10	11	12	3	4	5	6	7	8	9	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28			24	25	26	27	28	29	30

April							May							June						
S	M	T	W	Th	F	Sa	S	M	T	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6		1	2	3	4							1		
7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22
28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29
														30						

July							August							September						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6				1	2	3	4	1	2	3	4	5	6	7
7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14
14	15	16	17	18	19	20	11	12	13	14	15	16	17	15	16	17	18	19	20	21
21	22	23	24	25	26	27	18	19	20	21	22	23	24	22	23	24	25	26	27	28
28	29	30	31				25	26	27	28	29	30	31	29	30					

October							November							December						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5							1	2	1	2	3	4	5	6	7
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				

Do you need a gift for the person who has everything? Would you like to recognize or memorialize the extraordinary people in your life? Would you prefer to give rather than receive on your own special day? Sponsoring the Shelter at Steps to HOPE is a special, unique gift or way to commemorate a date that is special to you or your loved one.

Over the past year, we have given shelter to 59 women and children in need, plus services to another 317 people who needed help and information about domestic violence.

One client came in for one night because her husband was drunk and beat her and their family did

nothing to help. Another hitchhiked to Columbus to find shelter from a man who hunted her across the United States with plans to kill her. These are just two real-life, true client stories that the Steps to HOPE staff have recently heard. New clients arrive almost daily with their own heartbreaking stories.

Your contribution of \$271.64 pays for a night in the shelter for up to 14 survivors and their children and you get to pick the date!

Specific dates are offered on first-come-first-served. Christmas Eve 2018 is taken but 2019 isn't! To sponsor a date, please call Annie at 828-894-2340 or email her at [annie@stepstohope.org](mailto:annie@stepstohope.org).

## MARK YOUR CALENDARS FOR OCT. 19TH!

We are thrilled to announce that our 2nd Annual Purple Party and Domestic Violence Awareness Walk is scheduled for October 19th, 4-6 PM at Stearns Park in Columbus.

This year's event promises to be even bigger, better, and more fun than last year with a 60' bouncy obstacle course, bouncy castle, dunk tank, lawn games, free t-shirts, and tons of free food and prizes!

This is a FREE community event and everyone (even your friendly pup on a leash) is welcome and encouraged to show up and show off your zaniest purple attire!

Other agencies will be stationed around the park with information about services they provide and how to reach them.

We want to end domestic violence in our area and beyond

through education and community outreach, but, until that day comes, we want everyone to know that there is always HOPE and there is always a place to turn during a crisis.

If your organization would like to be a part of this event or if you would like to be a sponsor, please call today! We are also signing up volunteers to help us set up and take down.

PROMOTING HEALTHY RELATIONSHIPS

828-894-2340  
[stepstohope.org](http://stepstohope.org)

*Many thanks to generous donors who make printing and mailing this bi-annual newsletter possible!*

## October is Domestic Violence Awareness Month

Join us for our

2nd Annual Purple Party  
Domestic Violence Awareness Walk

**Friday,  
October 19, 2018  
4 - 6 PM  
Stearns Park,  
Columbus**



- FREE Food & Drinks •
- FREE T-Shirts •
- Prizes •
- 60' Obstacle Course •
- Awesome Activities •

Remember,  
happy homes  
are built with...



Buck County  
Community  
Foundation

**BACK BY  
POPULAR  
DEMAND**

**Our Sweetest  
Fundraiser**



**Coffee Cakes**

**\$18<sup>00</sup>\***  
each  
\* plus shipping

- Available Flavors:
- Cinnamon Walnut
  - Cinnamon (No Nut)\*
  - New England Blueberry\*
  - Granny Smith Apple
  - Banana Walnut
  - Golden Raspberry
  - Cappuccino
  - Red, White, & Blue Patriot\*
  - Pumpkin Spice
  - Cape Cod Cranberry
  - Chocolate Chip
  - Lemon Poppy\*
  - Ted Williams Chocolate
- \*nut-free

**Call 828-894-2340**  
to order for Thanksgiving!



This fundraiser generates enough to pay the power bill in the shelter for 6 months!

**15TH ANNUAL GOLF TOURNAMENT COMING TO LINKS O'TRYON NOVEMBER 2, 2018**



**BENEFIT FOR  
STEPS TO HOPE**

**Friday, November 2\*, 2018**  
**Links O' Tryon**  
**8:30 AM Sign-in**  
**9:30 AM Shotgun Start**

\*Rain date November 9

Register today at  
**www.stepstohope.org**  
or call 828-894-2340 for more information

**\$125 per player or  
\$500 per foursome**

Includes breakfast,  
lunch, beverages,  
and snacks!

**GREAT  
PRIZES!**  
**FANTASTIC CONTESTS!**  
**MORE CHANCES  
TO WIN  
BIG!**

Thanks  
to our  
Major Sponsors!



Domestic Violence and Sexual Assault  
Center Serving and Educating  
Western NC and Upstate SC

This tournament raises funds to assist victims of domestic violence and sexual assault, and helps to ensure continuation of programs designed to prevent and break the cycles of domestic violence in our community. All proceeds directly benefit Steps to HOPE, a 501(c)3 entity and donations are tax deductible as defined by law.

The Hope Golf Classic is coming to Links O' Tryon on November 2\*!

The many upgrades, additions, and improvements enjoyed by players at last year's tournament will be enjoyed again in 2018, including the \$30 all-in-one contest entry but with even more chances to win big prizes!

Online player/team registration is up and available now online at [stepstohope.org](http://stepstohope.org). The tournament is very popular and tends to fill up quickly so please sign up early and secure your spot!

The \$125 per player/\$500 per team registration fee includes a McDonald's biscuit breakfast &

Bojangle's coffee, lunch catered by The Hare & Hound Pub, beverages from Budweiser of Spartanburg, and snacks. Steps to HOPE greatly appreciates all the support shown by golfers, volunteers, individuals, businesses, sponsors, and the community at large.

\*Rain date November 9.



## RUMMAGE FOR A REASON IS BACK FOR 2018!

For the 3rd year in a row, Steps to HOPE will host Rummage for a Reason to help support new and expectant families on Saturday, November 17, 9-11 AM downstairs at Steps to HOPE. This event is made

possible by Gerber and other generous community partners and donors.

We can't wait to show new families in our area some love and support!

This is a free community event and no pre-registration is required. A parent or guardian should bring proof of recent (within one year) birth or pregnancy to receive new baby clothing, diapers, blankets, bibs, hats, socks, etc. We will have door prizes and special drawings for babies and parents too! Please park on Wall Street and enter our community room through the double purple doors.

Community partners who are interested in collecting items or donating for this event should contact Jessica Cashwell at 828-894-2340 or email her at [jessica@stepstohope.org](mailto:jessica@stepstohope.org).

We will be accepting donations of new disposable

We're tickled **PURPLE** to announce  
**Steps to HOPE's**  
 3<sup>rd</sup> Rummage for a Reason

**Saturday, November 17**  
**9 - 11 AM or until supplies last**

No pre-registration needed. Please bring proof of pregnancy or recent (within 1 year) birth\* and receive  
**FREE! FREE! FREE!**  
 brand new baby clothes, diapers, blankets,  
 bibs, hats, socks, mittens, etc...

Enter lower level at Steps to HOPE  
 Wall Street, Columbus, NC  
 \* Required for entry

Domestic Violence and Sexual Assault Center  
 Serving and Educating WNC & Upstate SC

PROMOTING HEALTHY RELATIONSHIPS  
 Steps to HOPE

## Steps to HOPE

### Administrative Staff

Annie Fritschner,  
Interim Executive Director

Cindy Wicklund,  
Coordinator of Volunteer &  
Client Services

Connie Orr,  
Director of Finance

Jessica Cashwell,  
Outreach Program  
Coordinator

Paula Ravan,  
Publicity & Public Relations

Sandra Halford,  
Director of Client Services

### Shelter Staff

Brittney Staley  
Cherie Rogers  
Cindy Thacker  
Kitty Edwards

### Second Chance Thrift Store Staff

Edith Lance, Store Manager

Douglas Wofford,  
Warehouse Assistant &  
Driver

Joyce Neely,  
Cashier & Retail Assistant

Ken Kitchen,  
Retail Assistant

Randy Conklin,  
Retail Assistant & Driver

Dennis Sanders,  
Warehouse Assistant &  
Driver

### 2018-2019

#### Board of Directors

Kent Holden, President  
Jay Davies, Vice President  
Fred Bayley, Secretary  
John Lynn, Treasurer  
Adrienne Wallace  
Anne Moss  
Cindy Gramling  
Diane Nelson  
Sheriff Donald Hill  
Karen Mastruserio  
Patty Otto  
Sylvia Youngers

## SHARE YOUR HOLIDAY JOY AND BLESSINGS WITH STEPS TO HOPE'S ADOPT-A-FAMILY '18

For many years, Steps to HOPE has been hosting the Adopt-A-Family program for Christmas. It is our goal to ensure that all children and families in our service area have a happy holiday filled with magical surprises. Thanks to donors including individuals, families, groups and businesses, along with the Seasonal Assistance Grant from the Polk County Community Foundation and proceeds and gifts from the Polk County Toy Run, we have been successful for more than a decade.

Christmas will be here before we know it and we are already talking to donors who wish to participate. If you or your organization or business would like to help families less fortunate than you or if you need a little help this year, please let us know! We ask for unwrapped gifts so we can be sure that each child receives a fair amount. If you would like to help wrap the gifts before the big day, we would love to have you! You may call, come by, or email [jessica@stepstohope.org](mailto:jessica@stepstohope.org) to sign up today!

## STH'S HIGH SCHOOL & COLLEGE INTERNS



**Display a  
Purple Ribbon to  
PROMOTE  
AWARENESS**

*The purple ribbon began as a small visual gesture of support for survivors and victims of domestic violence and is now one of the most widely recognized symbols of the movement against domestic violence.*



*Evan Dadson*

Evan Dadson was chosen for a part time internship made possible by The Polk County Community Foundation.

Evan spent his time working at Second Chance Thrift Store as a warehouse assistant. He had the opportunity to work with customers, volunteers, and other employees to provide bargain hunters with the best possible shopping experience.

He learned a lot about working with the public and with others and he said the experience "widened [his] perspective on how the world works and [he] will be back to volunteer."



*Stephanie Serrano*

Stephanie Serrano was a summer intern at Steps to HOPE, learning the inner workings of a non-profit agency and about domestic violence and sexual assault. She was very helpful in organizing the library, office supplies, tools, and storage.

She also assisted with client services and answered the crisis hotline, kept the database current, kept an eye on security cameras and doors and helped with events.

The Polk County Community Foundation made Stephanie's internship possible.



*Bella Karabelski*

Bella Karabelski is working part time as an intern at Steps to HOPE as part of her college curriculum at Gardner-Webb University.

Bella is helping build the curriculum for a new domestic violence and sexual assault support group that will begin meeting at Steps to HOPE on a weekly basis on Oct. 22 at 6 PM.

She has also worked to update the organization's policy and intake forms, sorted donations for upcoming events and assisted with administrative work. Bella says she learns something new everyday.

## NEW MEMBERS JOIN STEPS TO HOPE'S BOARD OF DIRECTORS



*John Lynn*

John Lynn retired from his private law practice in Florida last year and moved with his wife, Ann, to their farm in Green Creek. John and Ann have been avid supports of Steps to HOPE over the years and believe in our mission to end domestic violence and sexual assault.

Prosecuting domestic abuse cases deepened his understanding and empathy for survivors.



*Fred Bayley*

Fred Bayley has served on several non-profit boards, helped start non-profits, and has consulted in non-profit planning since he retired from Isothermal Community College as Dean of Continuing Education 11 years ago.

In an effort to help Steps to HOPE end domestic violence and sexual assault, Fred joined the board to lend his experience and expertise in the non-profit sector.



*Karen Mastruserio*

Karen Mastruserio is originally from Cincinnati, OH where she practiced law for 27 years. After retiring, she moved to Tryon in 2013 and decided it was time to give something back. She wants to help those less fortunate than herself who find themselves in difficult circumstances. She wants to do her part to help Steps to HOPE end domestic and sexual abuse.



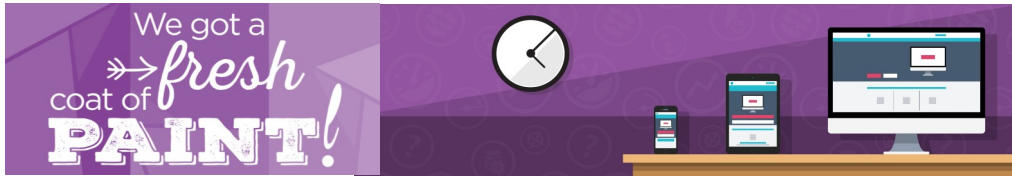
*Adrienne Wallace*

Adrienne Wallace is an active Detective with the Rutherford County Sheriff's Office. As a member of law enforcement, Adrienne is exposed to domestic violence and sexual assault situations on a regular basis and wants to do her part to help end the crisis.

"Steps to HOPE's mission is very important to me and I want to do my part to help prevent DV and SA and to support survivors.



## AN EXCITING NEW WEBSITE FOR STH! VISIT US TODAY AT WWW.STEPSTOHOPE.ORG



In today's world, for just about any topic that presents itself to us as a question, we "Google it" or use some other search engine on the worldwide web for more information.

For someone who is in a domestic abuse or sexual assault crisis situation, finding a way out is critical to their survival. The easier and quicker an answer comes to where to go? and what to do?, the better.

Thanks to a ton of hard work by Brian Dykes and his web design company, Lakeshore Multimedia, [stepstohope.org](http://stepstohope.org) has a fantastic, dynamic web presence like we haven't had before.

Information regarding our emergency services is readily available to anyone who has an internet connection and a

device to look it up on. The new website offers a quick way to find our crisis hotline number for anyone to call any time, any day of the week.

Additionally, the website is easily navigable for those looking for information about our programs such as our ASK (Adolescent Skill-building and Karate) program for at-risk youth or our BIP (Batterer Intervention Program) classes for men and women, and for our events, such as our 2nd Annual Purple Party and Domestic Violence Awareness Walk coming up on October 19 and The Hope Golf Classic coming up on November 2.

Registration for events that require it is available online as well as a link to make a payment or donation

Visitors can look at our current and past newsletters and

bulletin boards and they can directly email administrative staff members or Second Chance Thrift Store.

Another very cool and certainly helpful feature of this new website is that with the click of a button, in this case, a Spanish flag, all of the text on the website is instantly converted.

Brian has donated countless hours of his time and talent to make the new website a reality and we couldn't be more pleased with the result.

If you would like to contact Brian and let him work some magic for you, he can be found at [lakeshoremultimedia.com](http://lakeshoremultimedia.com) or Google Lakeshore Multimedia.

## BULLETIN BOARDS CONTINUE TO BE POPULAR

Thanks in part to a generous grant from the Polk County Community Foundation and due to the gracious cooperation of area schools, Steps to HOPE is able to continue to reach out to students in a way that is unique and on a level that students understand and appreciate.

Each month of the school year, Steps to HOPE places a bulletin board in Polk County High School, Polk County

Middle School, and Landrum Middle School that promotes good behavior and healthy relationships. For September, we chose to feature the very popular rap artist Drake and our stand-in words to the tune of his summer social media sensation song, "In my Feelings". Most students as well as teachers are very familiar with the song and the lyrics.

Students, teachers, and faculty tell us they enjoy seeing the different boards we do and

always look forward to seeing what's next.

Do you have a great idea for bulletin boards? Would you like to participate in a project like this? If you would like to see us bringing positivity to your school or if you are interested in sponsoring or helping with outreach projects, please let us know! Call Jessica or Paula at 828-894-2340 or email [jessica@stepstohope.org](mailto:jessica@stepstohope.org).



## Life is messy!

Over the past year, Steps to HOPE sheltered 59 women and children fleeing domestic violence situations. We welcome these families as part of our family.

Some days are dirty and hard, and some days we celebrate and make messes. Together we clean it up and start anew.

Steps to HOPE needs laundry and cleaning products!

Laundry detergent and softener, paper towels, disinfectants and household cleaners, etc...



Donations may be dropped by our office anytime.

Thank you for your support!

## Volunteering and it's Surprising Benefits

With busy lives, it can be hard to find time to volunteer. However, the benefits of volunteering are enormous to you, your family, and your community. The right match can help you to reduce stress, find friends, reach out to the community, learn new skills, and even advance your career. Giving to others can also help protect your mental and physical health. Learn more about the many benefits of helping others and find tips on getting started.

### 4 WAYS TO FEEL HEALTHIER AND HAPPIER

- Volunteering connects you to others
- Volunteering is good for your mind and body
- Volunteering can advance your career
- Volunteering brings fun and fulfillment to your life

### Tips for getting started

First, ask yourself if there is something specific you want to do. For example, do I want to...

- ...help my community?
- ...meet new people?
- ...try something new?
- ...fill my spare time?
- ...see a different way of life?
- ...try a job I'd like to do?
- ...do more with my hobbies?

The best way to volunteer is to match your personality and interests. Having answers to these questions will help you narrow down your search.

from [www.helpguide.org](http://www.helpguide.org)

For more information contact  
Cindy Wicklund at  
**828-894-2340**  
[cindywicklund@stepstohope.org](mailto:cindywicklund@stepstohope.org)

## THE PURPLE DOOR: WHY I VOLUNTEER DR. RUBY DREW

If you read the local papers, you may have seen The Purple Door articles popping up from time to time. These are written by friends of STH, board members, employees, volunteers, law enforcement, and others who are touched by domestic violence. Recently, our volunteer, Dr. Ruby Drew wrote about why she volunteers at Second Chance Thrift Store:



She (my relative) thought he loved her. She thought she loved him. So why did he beat her resulting in a hospitalization for a broken wrist, three broken ribs, and bruises all over her face, neck, and arms? The psychological bruising was not so visually evident. The first episode resulted in several months jail time and a restraining order. Through a friend, he deeply apologized to her and asked to see her when he was released. She took a chance. She still loved him. She thought he loved her. When she opened the door to him, he beat both her and her mother to the point of both of them requiring hospitalization. He is back in jail with a 4 year restraining order protecting both her and her mother.

Obviously, she made an error in judgment. In my opinion, if she had lived in an area that had a shelter like Polk County's Steps to HOPE, she might have had counseling about domestic violence and about the

underpinnings of abuse: control and power.

I volunteer at Second Chance Thrift Store because the store provides a substantial portion of their [Steps to HOPE] yearly budget. It is amazing how many people who each work 3 volunteer hours (or more) per week can make a difference to those who are caught in the vicious cycle of domestic violence. More volunteers are needed in several areas of the store. Please call 828-894-2373 for more information about volunteering.

If you or someone you know is being abused, please speak up! Please call Steps to HOPE at 828-894-2340 or visit [www.stepstohope.org](http://www.stepstohope.org).

For volunteer opportunities at Second Chance Thrift Store, please call Volunteer Coordinator, Cindy Wicklund at 828-894-2340 or email [cindywicklund@stepstohope.org](mailto:cindywicklund@stepstohope.org).

## OUR VOLUNTEERS: WE CAN'T THANK YOU ENOUGH!

Volunteers make the world go 'round at Steps to HOPE and Second Chance Thrift Store. Were it not for the people who give their time and talents to us, we would not be able to provide services to the men, women, and children who need us most.

When you visit Second Chance Thrift Store, chances are you are helped by a volunteer. They work as cashiers, pricers, customer relations, stockers, cleaners, and do every other task imaginable simply for the joy of giving and knowing that their time and energy is well spent and helping us help others.

At Steps to HOPE, volunteers help answer phones, work events, and do service projects when needed. Our golf tournament is our biggest fundraiser each year. To put the tournament together and



keep everything running smoothly, a committee of staff members and volunteers work all year long. On the big day in November, over 30 volunteers work to make sure golfers are treated to the best day of golf that we can provide. Meanwhile, back at Steps to HOPE, volunteers help man the phones and keep things running.

With our DV Walk coming up on October 19, volunteers will help us make it a spectacular event for the community, and, when it is all finished, volunteers will help us put Stearns Park back like it was.

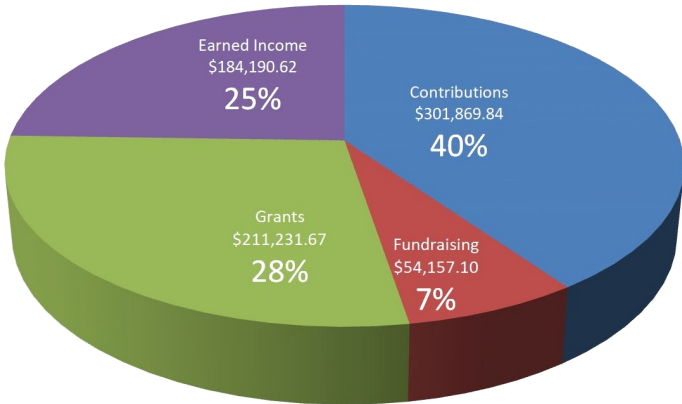
It truly does take an army to do what we do in the community. It takes people who care day in and day out to keep Second Chance Thrift Store going and to pull off one of the best golf tournaments in our area. It takes selfless individuals who want to make a difference and we can never thank them enough.

To join the army of angels at Steps to HOPE or Second Chance Thrift Store, please call Cindy Wicklund at 828-894-2340 or email [cindywicklund@stepstohope.org](mailto:cindywicklund@stepstohope.org) today!



## YOUR GIFTS AND WHAT THEY DID FOR 2017-2018

**TOTAL REVENUE**  
**\$751,449.23**



**80¢ of every \$1.00 went to client program services!**

Fiscal Year 2017-2018:

- ✦ **1371** services provided to domestic violence clients.
- ✦ **150** services provided to sexual assault clients.
- ✦ **317** unduplicated clients served through our DV/SA/BIP/ASK programs.
- ✦ **5,679** hours of volunteer time were donated to domestic violence.
- ✦ **1,423** hours of volunteer time were donated to sexual assault.

## #IAMSOMEBODY SUMMER DAY CAMP 2018

Over three years ago, Brittney Staley, Shelter Staff at Steps to HOPE, began a movement with the **#iAmSomebody** hashtag, meant to uplift, inspire, and encourage anyone who suffers from depression, anxiety, or other mental illnesses and to bring awareness to suicide prevention.

Sometimes, a person only needs to hear a kind word to feel they have worth. Children who learn this early can carry this kindness throughout their lives and can offer a hand up to someone who is struggling or realize that they are not alone even when they feel like they

are.

The **#iAmSomebody Day Camp** was held at Steps to HOPE July 16-19 for the second year. It is free to anyone in 3rd-12th grades and the participants learn through activities and speakers that they are important and absolutely not alone.

If you would like to support this movement, check out the **#iAmSomebody** movement or contact Brittney at Steps to HOPE.

A brighter future begins with education and encouragement today.



Brittney Staley and day campers are all smiles on T-shirt day!

## "FALL" INTO SHOPPING AT SECOND CHANCE



**CERTIFICATE OF APPRECIATION**

awarded to

**VALUED DONORS & PATRONS**

Coupon good for \$1 off \$5 or more in one purchase.

One coupon per customer

Coupon good 11/1/18-11/15/18

**Second Chance Thrift Store** is ready for the season with the floor, shelves, and racks full of fall and winter merchandise and clothing.

From costumes for Halloween to collectible figurines and decorations for your Thanksgiving table to Christmas snowmen and Santas, the store has something for everyone.

If you are a treasure hunter, crafter, antique lover, plunderer, or someone in between, you will have a great experience shopping in the area's premier thrift store and all the while, you can

feel good knowing that you are supporting a great cause.

**Second Chance Thrift Store** provides a substantial amount of the operating budget for Steps to HOPE and provides valuable outreach to survivors of domestic violence and sexual assault.

There are many fun ways you can help Steps to HOPE through the thrift store...

**SHOP** every chance you get! **DONATE** your gently used stuff! **VOLUNTEER** at the store and make new friends while doing a really good thing!



Be among the first to receive news of sales or special events at

**Second Chance Thrift Store!**

Register your email online at [www.stepstohope.org](http://www.stepstohope.org) or email [pr@stepstohope.org](mailto:pr@stepstohope.org)

## DONATIONS

to  
Steps to HOPE  
and  
Second Chance Thrift Store  
are

**TAX DEDUCTIBLE!**

(as defined by law)

Donating to and shopping at Second Chance Thrift Store directly helps keep Steps to HOPE's much needed domestic violence and sexual assault shelter and prevention programs running.

*Many thanks for your support!*



To arrange for pick-up, call **828-894-2373**



**BULK RATE  
U.S. POSTAGE  
PAID  
Columbus, NC  
Permit No. 25**

Domestic Violence and Sexual Assault Prevention Center and Shelter serving and educating WNC and Upstate SC.

For victims of domestic violence or sexual assault in this community, there is:

**Help  
Order  
Protection  
Encouragement**

*"The mission of Steps to HOPE is to create a community free from the violence of domestic and sexual abuse through education, advocacy and survivor assistance."*

Support Steps to HOPE when you shop! **amazon**smile  
You Shop. Amazon Gives.

CONNECT WITH US TODAY!



**HOPE Works!**

*A Semi-annual Newsletter of  
Steps to HOPE, Inc.*  
Paula Ravan, Editor

**Steps to HOPE, Inc.**

Ward Street · PO Box 518

Columbus, NC 28722

**828-894-2340**

email: [steps@stepstohope.org](mailto:steps@stepstohope.org)



**Steps to HOPE: Services Provided**

- **24-Hour Hotline** – for crisis intervention and assistance.
- **Shelter** – emergency safe shelter for victims of domestic violence or sexual assault.
- **Counseling** – referrals for individual counseling with a licensed counselor.
- **Hospital Transport** - staff will transport and assist.
- **Court Advocacy** – trained volunteers accompany and support clients through the judicial process. Free legal aid may be provided by Pisgah Legal.
- **Case Management vs. Crisis Intervention** – holistic support of clients.
- **ASK—Adolescent Skill-building Karate Program**– character and skills building for adolescent girls and boys.
- **Advocacy Center** – forensic interviewing of children and adults.
- **Child Safe Exchange** - neutral, safe ground for parents or guardians to meet and exchange children for visitation.
- **Support Groups and Education Programs** – facilitated by trained professionals.
- **Community Education & Public Awareness** – presentations and workshops in schools, organizations, civic groups, and at community events.
- **Resource Library** – videos, pamphlets and brochures available.
- **Rape Prevention/Victim Services** - outreach and education.
- **Second Chance Thrift Store** – outreach to victims; gently used, quality merchandise.
- **Confidentiality** – all services are guaranteed confidential.



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